



LUNCH

BOWLS + PLATES

BAJA CHICKEN BOWL grilled baja spiced chicken, white rice, romaine, cilantro lime vinaigrette, Mexican street corn, black beans, pickled red onion, marinated tomatoes, cotija cheese, salsa, avocado crema **19 ng**

MEDITERRANEAN CHICKEN BOWL grilled chicken, ancient grains, romaine, red wine vinaigrette, balela, sliced cucumber, pickled red onion, tzatziki, feta **19 ng**

SEARED TUNA BOWL seared ahi tuna, white rice, slaw, sesame ginger vinaigrette, soft poached egg, edamame, honey sriracha-glazed brussels sprouts, sesame seeds, lime wedge **18 ng**

PERUVIAN CHICKEN BOWL chicken thigh braised with green beans, tomato + potatoes, served over steamed white rice with a side of peruvian aji **23 ng**

SHRIMP PANANG grilled shrimp in thai red curry seasoned with pineapple + roasted poblano, served with rice, peanut chili oil, coconut creme, cilantro **21**

CRAB CAKE PLATE 5oz lump crab cake, new orleans style remoulade, served with BLDG 5 house salad **21**

CAJUN PORK STEW rich brown gravy with tender braised pork, steamed white rice, buttery green peas **18**

GROUND TURKEY LETTUCE WRAPS asian braised ground turkey, butter leaf lettuce, sweet chili sauce, cambodian slaw **18**

SALADS

BLDG 5 POWERHOUSE mixed greens, avocado, cucumber, ancient grains, balela (*marinated chickpeas, black beans, diced red onions, cherry tomatoes, apple cider vinegar*), parmesan, lemon vinaigrette **13 vg,ng**

BLDG 5 BEET SALAD braised red + gold beets, mixed greens, candied walnuts, bleu cheese, honey mustard dressing **16 vg**

SEASONAL SALAD: KALE CRUNCH kale, shaved brussels sprouts, cucumber, green onion, pickled red onion, sunflower seeds, almonds, feta, crushed multigrain croutons, red wine vinaigrette **15 vg**

ADD: chicken +8 | steak +12 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

BLDG 5 CAESAR-ISH marinated grilled chicken, crisp romaine + spinach, shaved parmesan, roasted yellow corn, hearts of palm, multigrain croutons, caesar dressing **18**

MARINATED GRILLED STEAK grilled steak, mixed greens, marinated tomatoes, pickled red onions, feta, red wine vinaigrette **23**

SOUTHWEST GRILLED SHRIMP grilled shrimp, crisp romaine + spinach, avocado, cotija, black beans, corn salsa, marinated tomatoes, crunchy corn tortilla strips, cilantro lime dressing **19**

CHINESE CHICKEN marinated grilled chicken, crisp romaine, mixed greens, sliced almonds, mandarin oranges, fried wontons, rotini pasta, scallions, carrots, bell peppers, sesame ginger vinaigrette **18**

SOUPS

TOM KHA GAI ng

CHICKEN TORTILLA ng

ROASTED TOMATO BASIL served with rustic grilled bread vg,ng

CHICKEN + SAUSAGE GUMBO with rice, served with rustic grilled bread cup 9 | bowl 16

BEVERAGES

house-made lemonades 4

iced tea 4 | hot tea 4

congregation coffee iced 5 | hot 5

coke | coke zero | dr pepper | sprite 3.50

root beer 4

topo chico 3.50 | large san pellegrino 9

Parties of 8 or more will have a 20% service charge added to the check, and there are no split checks.

v = vegan vg = vegetarian ng = made without gluten

Please let us know if you have any food allergies. Consumption of raw or undercooked food of animal origin may increase your risk of food borne illness.

BLDG5.COM | 225.256.2287 | INSTA @ BLDG5 | 2805 KALURAH ST, BR 70808 | 52725



LUNCH

BOARDS

BLDG 5 FLAVOR FLIGHTS

chips + dips bowl of housemade potato chips with chimichurri, piri piri, chermoula, aji **16**

spreads + breads roasted red pepper hummus, bacon jam with whipped goat cheese, smoked gouda, jalapeño + artichoke spread, grilled naan, rustic grilled bread, sliced cucumbers **32**

CROSTINI GRAZING BOARD FOR 2 chef's selection of cheeses, meats, nuts, seasonal spread, rustic grilled bread **20**

STRACCIATELLA BOARD light + creamy burrata filling garnished with olive oil, hot honey, toasted almonds, pickled melange of seasonal produce, served with rustic grilled bread **15**

NIÇOISE BOARD grilled salmon or tuna, mixed greens, harissa green beans, chimichurri potatoes, a soft egg, shaved fennel, chermoula yogurt, marinated cherry tomatoes **28 ng**

BUILD YOUR OWN PLATE

PROTEIN PLATE served with herbed ancient grains, pick a protein, pick a sauce, pick a deli side

PICK your PROTEIN: chicken **18** | steak **22** | shrimp **19** | salmon **20** | tuna **20** | porchetta **19**

VEGGIE PLATE marinated herb-grilled mushrooms, zucchini, squash + bell peppers, served with herbed ancient grains, pick a sauce, pick a deli side **16 v,vg**

ADD: chicken **+8** | steak **+12** | shrimp **+9** | salmon **+10** | tuna **+10** | porchetta **+9**

PICK your SAUCE:

- **south african piri piri** roasted red pepper, jalapeno, garlic, lemon juice, smoked paprika, a touch of cayenne v,vg,ng
- **chermoula** cilantro, olive oil, preserved lemon, garlic, cumin, paprika ng
- **peruvian aji** jalapeños, romaine, cilantro, garlic, scallions, rice wine vinegar, lime juice, a little mayo vg,ng
- **argentinian chimichurri** italian parsley, cilantro, garlic, red wine vinegar, oregano, crushed red peppers, olive oil v,vg,ng

PICK your SEASONAL DELI SIDE:

- herb roasted carrots
- herb roasted potatoes
- balela salad
- BLDG 5 house-made potato chips
- roasted green beans
- BLDG 5 house salad **+2**
- roasted brussels sprouts **+2**
- braised beets with honey mustard dressing **+2**

SANDWICHES served with house-made potato chips

CAPRESE sliced tomato, buffalo mozzarella, fresh basil with balsamic vinaigrette, olive oil, fresh baked french loaf **14 vg**

BLDG 5 ORIGINAL roasted red pepper, provolone, lemon aioli, fresh ciabatta with **chicken 16** | **steak 20**

CHICKEN KARAAGE *japanese-style fried chicken* ginger soy slaw, kewpie sesame aioli, honey sriracha, ciabatta **16**

PORCHETTA house-made porchetta, mixed greens, pickled red onions, lemon aioli, fresh ciabatta **16**

GRILLED VEGGIE zucchini and yellow squash, mushrooms, roasted red pepper, tomato, buffalo mozzarella, pesto, fresh ciabatta **16 vg**

SHORT RIB SMASH braised short rib, havarti, pickled mustard aioli, pickled red onions, rustic wholegrain **19**

RUSTIC GRILLED CHEESE tillamook cheddar, mozzarella, brie, havarti on rustic wholegrain **17 vg**

ADD: roasted tomato basil soup cup **+7** | bowl **+11** vg,ng

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BLDG 5 BITES

BLDG 5 FLAVOR FLIGHTS

chips + dips bowl of housemade potato chips with chimichurri, piri piri, chermoula, aji **16**

spreads + breads roasted red pepper hummus, bacon jam with whipped goat cheese, smoked gouda, jalapeño + artichoke spread, grilled naan, rustic grilled bread, sliced cucumbers **32**

CROSTINI GRAZING BOARD FOR 2 chef's selection of cheeses, meats, nuts, seasonal spread, rustic grilled bread **20**

STRACCIATELLA BOARD light + creamy burrata filling garnished with olive oil, hot honey, toasted almonds, pickled melange of seasonal produce, served with rustic grilled bread **15**

NIÇOISE BOARD grilled salmon or tuna, mixed greens, harissa green beans, chimichurri potatoes, a soft egg, shaved fennel, chermoula yogurt, marinated cherry tomatoes **28 ng**

CRAB CAKE PLATE 5oz lump crab cake, new orleans style remoulade served with BLDG 5 house salad **21**

MEATBALLS IN MARINARA beef meatballs, BLDG 5 marinara, melted mozzarella, rustic grilled bread **15**

CAVIAR BOARD Bowfin caviar, pickle medley, house creme fraiche, chips, naan rounds, rustic grilled bread **65**

SALADS

BLDG 5 POWERHOUSE mixed greens, avocado, cucumber, ancient grains, balela (*marinated chickpeas, black beans, diced red onions, cherry tomatoes, apple cider vinegar*), parmesan, lemon vinaigrette **13 vg,ng**

SEASONAL SALAD: KALE CRUNCH kale, shaved brussels sprouts, cucumber, green onion, pickled red onion, sunflower seeds, almonds, feta, crushed multigrain croutons, red wine vinaigrette **15 vg**

ADD: chicken +8 | steak +12 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

BLDG 5 CAESAR-ISH marinated grilled chicken, crisp romaine + spinach, shaved parmesan, roasted yellow corn, hearts of palm, multigrain croutons, caesar dressing **18**

SOUTHWEST GRILLED SHRIMP grilled shrimp, crisp romaine + spinach, avocado, cotija, black beans, corn salsa, marinated tomatoes, crunchy corn tortilla strips, cilantro lime dressing **19**

SANDWICHES served with house-made potato chips

BLDG 5 ORIGINAL roasted red pepper, provolone, lemon aioli, fresh ciabatta with **chicken 16 | steak 20**

CHICKEN KARAAGE *japanese-style fried chicken* ginger soy slaw, kewpie sesame aioli, honey sriracha, ciabatta **16**

CAPRESE sliced tomato, buffalo mozzarella, fresh basil with balsamic vinaigrette, olive oil, fresh baked french loaf **14 vg**

RUSTIC GRILLED CHEESE tillamook cheddar, mozzarella, brie, havarti on rustic wholegrain **17 vg**

ADD: roasted tomato basil soup cup +7 | bowl +11 vg,ng

SOUPS cup 9 | bowl 14

ROASTED TOMATO BASIL served with rustic grilled bread **vg,ng**

CHICKEN TORTILLA ng

TOM KHA GAI ng

CHICKEN + SAUSAGE GUMBO with rice, served with rustic grilled bread **cup 9 | bowl 16**

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BOWLS + PLATES

BAJA CHICKEN BOWL grilled baja spiced chicken, white rice, romaine, cilantro lime vinaigrette, Mexican street corn, black beans, pickled red onion, marinated tomatoes, cotija cheese, salsa, avocado créma **19 ng**

MEDITERRANEAN CHICKEN BOWL grilled chicken, ancient grains, romaine, red wine vinaigrette, balela, sliced cucumber, pickled red onion, tzatziki, feta **19 ng**

SEARED TUNA BOWL seared ahi tuna, white rice, slaw, sesame ginger vinaigrette, soft poached egg, edamame, honey sriracha-glazed brussels sprouts, sesame seeds, lime wedge **18 ng**

PERUVIAN CHICKEN BOWL chicken thigh braised with green beans, tomato + potatoes, served over steamed white rice with a side of peruvian aji **23 ng**

BUILD YOUR OWN PLATE

PROTEIN PLATE served with herbed ancient grains, pick a protein, pick a sauce, pick a deli side

PICK your PROTEIN: chicken **18** | steak **22** | shrimp **19** | salmon **20** | tuna **20** | porchetta **19**

VEGGIE PLATE marinated herb-grilled mushrooms, zucchini, squash + bell peppers, served with herbed ancient grains, pick a sauce, pick a deli side **16 v,vg**

ADD: chicken **+8** | steak **+12** | shrimp **+9** | salmon **+10** | tuna **+10** | porchetta **+9**

PICK your SAUCE:

- south african piri piri roasted red pepper, jalapeno, garlic, lemon juice, smoked paprika, a touch of cayenne v,vg,ng
- chermoula cilantro, olive oil, preserved lemon, garlic, cumin, paprika ng
- peruvian aji jalapeños, romaine, cilantro, garlic, scallions, rice wine vinegar, lime juice, a little mayo vg,ng
- argentinian chimichurri italian parsley, cilantro, garlic, red wine vinegar, oregano, crushed red peppers, olive oil v,vg,ng

PICK your SEASONAL DELI SIDE:

- herb roasted carrots
- herb roasted potatoes
- balela salad
- BLDG 5 house-made potato chips
- roasted green beans
- BLDG 5 house salad **+2**
- roasted brussels sprouts **+2**
- braised beets with honey mustard dressing **+2**

BEVERAGES

house-made lemonades 4

iced tea 4 | hot tea 4

congregation coffee iced 5 | hot 5

coke | coke zero | dr pepper | sprite 3.50

root beer 4

topo chico 3.50 | large san pellegrino 9

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DINNER

SMALL PLATES

BLDG 5 FLAVOR FLIGHTS

chips + dips bowl of housemade potato chips with chimichurri, piri piri, chermoula, aji **16**

spreads + breads roasted red pepper hummus, bacon jam with whipped goat cheese, smoked gouda, jalapeño + artichoke spread, grilled naan, rustic grilled bread, sliced cucumbers **32**

VASI *italian for vessel* served with rustic grilled bread

smoked gouda, jalapeño + artichoke spread **12 vg** **bacon jam** with whipped goat cheese **14**

CROSTINI GRAZING BOARD FOR 2 chef's selection of cheeses, meats, nuts, seasonal spread, rustic grilled bread **20**

STRACCIATELLA BOARD light + creamy burrata filling garnished with olive oil, hot honey, toasted almonds, pickled melange of seasonal produce, rustic grilled bread **15**

SHAKSHUKA *moroccan-spiced stew* topped with poached egg, yogurt, fried chickpeas, naan **16 vg**

CHICKEN KARAAGE *japanese-style fried chicken* with kewpie sesame aioli, honey sriracha **16**

BLDG 5 CRAB CAKES 3 petite lump crab cakes, new orleans style remoulade, BLDG 5 house salad **24**

BRAISED SHORT RIBS pulled, over creamy parmesan polenta, topped with pickled red onions **16**

MEATBALLS IN MARINARA beef meatballs, BLDG 5 marinara, melted mozzarella, rustic grilled bread **15**

DINNER BOARDS BOARDS FOR 1, 2, OR 4 PEOPLE

HARVEST BOARD *like you've just come in from the garden* - roasted brussels sprouts, roasted carrots, sautéed green beans, roasted + sautéed squash, zucchini, red + green bell peppers, served with balela, roasted beets in honey mustard, roasted red pepper hummus, tzatziki sauce, piri piri sauce, rustic grilled bread, grilled naan **29 for 1 | 56 for 2 | 108 for 4**

LITTLE ITALY BOARD *ciao amico* - shaved porchetta, traditional meatballs in marinara, grilled mushrooms, caprese salad, marinated tomatoes, assorted cheeses, salamis, parmesan toasted focaccia, creamy polenta with balsamic mushrooms **32 for 1 | 60 for 2 | 116 for 4**

STEAK AND POTATO BOARD *our new old classic* - marinated grilled flat iron steak, oven roasted potatoes, herb roasted carrots, roasted brussels sprouts, grilled tomatoes, peppadew peppers, argentinian chimichurri sauce, harissa romesco sauce **38 for 1 | 74 for 2 | 138 for 4**

BAJA BOARD chipotle roasted boneless chicken thighs, lime + cilantro rice, roasted squash + zucchini, mexican street corn, black beans, grilled onions + bell peppers, house-made red salsa, avocado crema, blistered jalapeno, blended flour + corn tortillas **29 for 1 | 58 for 2 | 114 for 4**

ADD TO ANY BOARD: chicken +8 | steak +12 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9
BLDG 5 house salad sm +6 | lg +12 BLDG 5 soup cup +8 | bowl +12

SALADS served with house-made dressings

BLDG 5 POWERHOUSE mixed greens, avocado, cucumber, ancient grains, balela (*marinated chickpeas, black beans, diced red onions, cherry tomatoes, apple cider vinegar*), parmesan, lemon vinaigrette **13 vg,ng**

BLDG 5 BEET SALAD braised red + gold beets, mixed greens, candied walnuts, bleu cheese, honey mustard dressing **16 vg**

ADD: chicken +8 | steak +12 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

BLDG 5 CAESAR-ISH marinated grilled chicken, crisp romaine + spinach, shaved parmesan, roasted yellow corn, hearts of palm, multigrain croutons, caesar dressing **18**

SOUTHWEST GRILLED SHRIMP grilled shrimp, crisp romaine + spinach, avocado, cotija, black beans, corn salsa, marinated tomatoes, crunchy corn tortilla strips, cilantro lime dressing **19**

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DINNER

BUILD YOUR OWN PLATE

PROTEIN PLATE served with herbed ancient grains, pick a protein, pick a sauce, pick a deli side

PICK your PROTEIN: chicken 18 | steak 22 | shrimp 19 | salmon 20 | tuna 20 | porchetta 19

VEGGIE PLATE marinated herb-grilled mushrooms, zucchini, squash + bell peppers, served with herbed ancient grains, pick a sauce, pick a deli side 16 v,vg

ADD: chicken +8 | steak +12 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

PICK your SAUCE:

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PICK your SEASONAL DELI SIDE:

- herb roasted carrots
- herb roasted potatoes
- balela salad
- BLDG 5 house-made potato chips
- roasted green beans
- BLDG 5 house salad +2
- roasted brussels sprouts +2
- braised beets with honey mustard dressing +2

BOWLS + PLATES

PERUVIAN CHICKEN BOWL chicken thigh braised with green beans, tomato + potatoes, served over steamed white rice with a side of peruvian aji 23 ng

SHRIMP PANANG grilled shrimp in thai red curry seasoned with pineapple + roasted poblano, served with rice, peanut chili oil, coconut creme, cilantro 21

CAMARÓN CATALÁN chorizo bolognese with saffron cream, roasted poblano peppers + marinated shrimp tossed in rigatoni pasta, topped with parmesan + fried basil 24

SOUPS

cup 9 | bowl 14

CHICKEN TORTILLA ng

TOM KHA GAI SOUP ng

SANDWICHES

served with house-made potato chips

BLDG 5 ORIGINAL roasted red pepper, provolone, lemon aioli, fresh ciabatta with chicken 16 | steak 20

SHORT RIB SMASH braised short rib, havarti, pickled mustard aioli, pickled red onions, rustic wholegrain 19

BEVERAGES

house-made lemonades 4

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coke | coke zero | dr pepper | sprite 3.50

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COCKTAILS

Blueberry Ginger Smash	15
bourbon, agave, BLDG 5 Ginger Blueberry Rosemary Lemonade, muddled blueberries	
High Five	16
rye, amaro montenegro, coconut liqueur, orange bitters	
Little Lily	18
Monkey 47 gin, Lillet Blanc, orange bitters, lemon twist	
Mexican Fruit Stand	15
gin, BLDG 5 Mango Strawberry Basil Lemonade, agave, muddled strawberry, Tajin rim	
San Sebastian	15
gin, tonic extract, grapefruit juice, soda water, lime	
Spicy Baja Margarita	14/74
house-infused mango habanero reposado tequila, fresh squeezed lime juice, agave	
Seasonal Paloma	14
tequila, seasonal flavor, fresh squeezed lime, agave, grapefruit juice	
Limoncello Spritz	14
house-made limoncello, elderflower liqueur, cava	
Hibiscus Fizz	16
vodka, hibiscus, fresh squeezed lemon juice, cava	
What She's Having	13
vodka, blackberry + thyme infused honey, cava, lemon, muddled fresh blackberry	
Schast'e Mule	14
vodka, ginger beer, pomegranate juice, house-made rosemary simple, fresh squeezed lime juice	
Garden Basil Martini	15/74
vodka, basil, fresh squeezed lime juice, triple sec	

BEER

Michelob Ultra	6
Miller Lite	6
Dos Equis Lager	6
Stella Artois Belgian Lager	7
Ghost in the Machine Parish Brewing Co, IPA	9
Canebrake Parish Brewing Co, Wheat	8
Mango Cart Golden Road, Wheat Ale	8
Jucifer Gnarly Barley IPA	

WINE

BUBBLES

Sommariva Prosecco Superiore Conegliano, IT	15 54
HILD Elbling Sekt Brut Mosel, GR	14 48

ROSE

Black Cottage Rosé Marlborough, NZ	13 44
Ultraviolet Sparkling Rosé Mendocino, CA	13 44

WHITE

Stoller Dundee Hills Chardonnay Willamette Valley, OR	13 44
Brick & Mortar Chardonnay Sonoma, CA	17 58
Three Brooms Sauv Blanc Marlborough, NZ	13 44
Dr. Konstantin Frank Dry Riesling Finger Lakes, NY	16 56
Chalmers Mother Block White Blend Victoria, AU	14 48
Artomana Xarmant Txakolina Arabako, SP	14 48
Argento Minimalista Pinot Grigio Mendoza, AR	13 44

RED

Head High Pinot Noir Sonoma, CA	15 54
Marques de Riscal Reserva Tempranillo Rioja, SP	16 56
Lago Cerqueira Red Blend Douro Valley, PT	13 44
1448 Red Blend Sierra Foothills, CA	14 48
Simply Cabernet Sauvignon Wahluke Slope, WA	14 48
Lola Cabernet Sauvignon Napa, CA	18 62

DESSERT

Wild Bush Dreaming Moon Port Bush, LA	12 68
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BOTTLE LIST

J. Lassalle Premiere Cru Champagne FR	128
Red Tail Ridge Perpetual Change #4 Finger Lakes, NY	62
Plumpjack Reserve Chardonnay Napa, CA	88
Et Fille Viognier Willamette Valley, OR	94
Bodega Chacra Barda Pinot Noir Mainque, AR	86
Chateau Thivin Reverdon Beaujolais Brouilly, FR	82
Luigi Giordana Langhe Nebbiolo Barbaresco, IT	74
Et Fille Gamay Noir Willamette Valley, OR	94
Chateau Rauzan Segla Margaux Bordeaux, FR	84
Inglenook 2019 Cab Rutherford, CA	140
Picayune Obsidian 2016 Cab Red Hills, CA	235