5 LUNCH

POWER BOWLS (other protiens available for substitution: shrimp, steak, salmon, porchetta, chicken, tuna, mixed veggies)

BAJA CHICKEN BOWL grilled baja spiced chicken, white rice, romaine tossed in cilantro lime vinaigrette. Mexican street corn, black beans, pickled red onion, marinated tomatoes, cotija cheese, salsa, and avocado créma **18** ng

MEDITERRANEAN CHICKEN BOWL grilled chicken, ancient grains, chopped romaine tossed in red wine vinaigrette, balela, sliced cucumber, pickled red onion, tzatziki, feta 18 ng

SEARED TUNA BOWL seared ahi tuna, white rice, slaw tossed in sesame ginger vinaigrette. soft poached egg, edamame, honey sriracha-glazed brussels sprouts, sesame seeds and lime wedge **18** ng

SALADS (served with house-made dressings)

BLDG 5 POWERHOUSE mixed greens, avocado, cucumber, ancient grains,
balela (marinated chickpeas, black beans, diced red onions, cherry tomatoes, apple cider vinegar),
parmesan, lemon vinaigrette, rustic grilled bread 12 vg,ng
ADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

BLDG 5 CAESAR-ISH marinated grilled chicken, crisp romaine & spinach, shaved parmesan, roasted yellow corn, hearts of palm, multigrain croutons, caesar dressing **18**

MARINATED GRILLED STEAK grilled steak, mixed greens, marinated tomatoes, pickled red onions, feta, red wine vinaigrette, rustic grilled bread 20

SOUTHWEST GRILLED SHRIMP grilled shrimp, crisp romaine & spinach, avocado, cotija, black beans, corn salsa, marinated tomatoes, crunchy corn tortilla strips, cilantro lime dressing **19**

CHINESE CHICKEN marinated grilled chicken, crisp romaine, mixed greens, sliced almonds, mandarin oranges, fried wontons, rotini pasta, scallions, carrots, sesame ginger vinaigrette 18

B5 BEET SALAD braised red & gold beets, mixed greens, candied walnuts, bleu cheese, honey mustard dressing, rustic grilled bread 16 vg
ADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

SANDWICHES (served with house-made potato chips)

CAPRESE sliced tomato, buffalo mozzarella, fresh basil with balsamic vinaigrette, olive oil, fresh baked french loaf 12 vg BLDG 5 ORIGINAL roasted red pepper, provolone, lemon aioli, fresh ciabatta with chicken 16 | steak 18 CHICKEN KARAAGE (japanese-style fried chicken) ginger soy slaw, kewpie sesame aioli, honey sriracha, ciabatta 16 PORCHETTA house-made porchetta, mixed greens, pickled red onions, lemon aioli, fresh ciabatta 16 GRILLED VEGGIE zucchini and yellow squash, mushrooms, roasted red pepper, tomato, buffalo mozzarella, pesto, fresh ciabatta 16 vg SHORT RIB SMASH braised short rib, havarti, pickled mustard aioli, pickled red onions, rustic wholegrain 18 RUSTIC GRILLED CHEESE tillamook cheddar, mozzarella, brie, havarti on rustic wholegrain 16 vg ADD: roasted tomato basil soup cup +6 / bowl +10 vg,ng

SOUPS cup 8 | bowl 12 TOM KHA GAI ng CHICKEN TORTILLA ng ROASTED TOMATO BASIL served with rustic grilled bread vg,ng CHICKEN & SAUSAGE GUMBO with rice, served with rustic grilled bread cup 7 | bowl 14

Parties of 8 or more will have a 20% service charge added to the check, and there are no split checks. v = vegan vg = vegetarian ng = made without gluten (many dishes can be enjoyed ng by removing the side of bread)

(5) LUNCH

BOARDS

BLDG 5 FLAVOR FLIGHTS

chips + dips bowl of housemade potato chips and all four sauces (piri piri, chermoula, aji, chimichurri) 16

spreads + breads seasonal hummus, bacon jam with melted brie, smoked gouda, jalapeño & artichoke spread, grilled naan, rustic crostini bread and sliced cucumbers 32

CROSTINI GRAZING BOARD FOR 2 chef's selection of cheeses, meats, spreads 18

STRACCIATELLA BOARD light & creamy burrata filling garnished with olive oil, honey, pistachios, rose petals, lemon zest, salt & pepper, served with rustic grilled bread 15

NIÇOISE BOARD served with your choice of grilled salmon or tuna, mixed greens, harissa green beans, chimichurri potatoes, a soft egg, shaved fennel, chermoula yogurt, marinated cherry tomatoes **28** ng

BUILD YOUR OWN PLATE (select a protein plate or veggie plate and add from there)

PROTEIN PLATE served with herbed ancient grains, rustic grilled bread, pick a protien, pick 1 sauce and deli side (see below) PICK your PROTEIN: chicken 18 | steak 21 | shrimp 19 | salmon 20 | tuna 20 | porchetta 19

VEGGIE PLATE marinated herb-grilled eggplant, zucchini, squash, bell peppers,

served with herbed ancient grain and rustic grilled bread 16 v,vg

ADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

PICK (1) SAUCE:

south african piri piri roasted red pepper, jalapeno, garlic, lemon juice, smoked paprika & a touch of cayenne v,vg,ng chermoula cilantro, olive oil, preserved lemon, garlic, cumin and paprika ng peruvian aji jalapeños, romaine, cilantro, garlic, scallions, rice wine vinegar, lime juice and a little mayo vg,ng argentinian chimichurri italian parsley, cilantro, garlic, red wine vinegar, oregano, crushed red peppers, olive oil v,vg,ng

PICK (1) SEASONAL DELI SIDE:

- herb roasted carrots
- roasted green beans
- herb roasted potatoes
- BLDG 5 house salad +2
- balela salad
- roasted brussel sprouts +2
- BLDG 5 house-made potato chips braised beets with honey mustard dressing +2

PLATES

CRAB CAKE PLATE 5oz lump crab cake, new orleans style remoulade sauce served with BLDG 5 house salad 21 SHRIMP CREOLE slow-cooked creole red sauce with fresh gulf shrimp, white rice, buttery green peas, rustic grilled bread 18 CAJUN PORK STEW rich brown gravy w/tender braised pork, steamed white rice, buttery green peas, rustic grilled bread 18 GROUND TURKEY LETTUCE WRAPS asian braised ground turkey, butter leaf lettuce, sweet chili sauce, cambodian slaw 18

BEVERAGES

house-made lemonades 3.5coke | coke zero | dr pepper | sprite 3iced tea 3.5 | hot tea 3.5root beer 4cherry coffee roasters iced 4.95 | hot 4.5topo chico 3 | large san pellegrino 9 | bottled water 3

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BLDG 5 BITES

BLDG 5 FLAVOR FLIGHTS

chips + dips bowl of housemade potato chips and all four sauces (piri piri, chermoula, aji, chimichurri) 16

spreads + breads seasonal hummus, bacon jam with melted brie, smoked gouda, jalapeño & artichoke spread, grilled naan, rustic crostini bread and sliced cucumbers **32**

CROSTINI GRAZING BOARD FOR 2 chef's selection of cheeses, meats, spreads 18

STRACCIATELLA BOARD light & creamy burrata filling garnished with olive oil, honey, pistachios, rose petals, lemon zest, salt & pepper, served with rustic grilled bread 15

NIÇOISE BOARD served with your choice of grilled salmon or tuna, mixed greens, harissa green beans, chimichurri potatoes, a soft egg, shaved fennel, chermoula yogurt, marinated cherry tomatoes 28 ng

CRAB CAKE PLATE 5oz lump crab cake, new orleans style remoulade sauce served with BLDG 5 house salad 21

MEATBALLS IN MARINARA beef meatballs, BLDG 5 marinara, melted mozzarella, with rustic grilled bread 15

SANDWICHES (served with house-made potato chips)

BLDG 5 ORIGINAL roasted red pepper, provolone, lemon aioli, fresh ciabatta with chicken 16 | steak 18

CHICKEN KARAAGE (japanese-style fried chicken) ginger soy slaw, kewpie sesame aioli, honey sriracha, ciabatta 16

CAPRESE sliced tomato, buffalo mozzarella, fresh basil with balsamic vinaigrette, olive oil, fresh baked french loaf 12 vg

RUSTIC GRILLED CHEESE tillamook cheddar, mozzarella, brie, havarti on rustic wholegrain 16 vg ADD: roasted tomato basil soup cup +6 / bowl +10 vg,ng

SOUPS cup 8 | bowl 12

ROASTED TOMATO BASIL served with rustic grilled bread vg,ng CHICKEN TORTILLA ng TOM KHA GAI ng CHICKEN & SAUSAGE GUMBO with rice, served with rustic grilled bread cup 7 | bowl 14

SALADS (served with house-made dressings)

BLDG 5 POWERHOUSE mixed greens, avocado, cucumber, ancient grains,
balela (marinated chickpeas, black beans, diced red onions, cherry tomatoes in apple cider vinegar),
parmesan, lemon vinaigrette, rustic grilled bread 12 vg,ngADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

BLDG 5 CAESAR-ISH marinated grilled chicken, crisp romaine & spinach, shaved parmesan, roasted yellow corn, hearts of palm, multigrain croutons, caesar dressing **18**

SOUTHWEST GRILLED SHRIMP grilled shrimp, crisp romaine & spinach, avocado, cotija, black beans, corn salsa, marinated tomatoes, crunchy corn tortilla strips, cilantro lime dressing **19**

BEVERAGES

house-made lemonades 3.5 iced tea 3.5 | hot tea 3.5 cherry coffee roasters iced 4.95 | hot 4.5 coke | coke zero | dr pepper | sprite 3 root beer 4 topo chico 3 | large san pellegrino 9 | bottled water 3

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POWER BOWLS (other protiens available for substitution: shrimp, steak, salmon, porchetta, chicken, tuna, mixed veggies)

BAJA CHICKEN BOWL grilled baja spiced chicken, white rice, romaine tossed in cilantro lime vinaigrette. Mexican street corn, black beans, pickled red onion, marinated tomatoes, cotija cheese, salsa, and avocado créma **18** ng

MEDITERRANEAN CHICKEN BOWL grilled chicken, ancient grains, chopped romaine tossed in red wine vinaigrette, balela, sliced cucumber, pickled red onion, tzatziki, feta 18 ng

SEARED TUNA BOWL seared ahi tuna, white rice, slaw tossed in sesame ginger vinaigrette. soft poached egg, edamame, honey sriracha-glazed brussels sprouts, sesame seeds and lime wedge **18** ng

BUILD YOUR OWN PLATE (select a protein plate or veggie plate and add from there)

PROTEIN PLATE served with herbed ancient grains, rustic grilled bread, pick a protien, pick 1 sauce and deli side (see below)

(see below)

PICK your PROTEIN: chicken 18 | steak 21 | shrimp 19 | salmon 20 | tuna 20 | porchetta 19

VEGGIE PLATE marinated herb-grilled eggplant, zucchini, squash, bell peppers,

served with herbed ancient grain and rustic grilled bread 16 v,vg

ADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

PICK (1) SAUCE:

south african piri piri roasted red pepper, jalapeno, garlic, lemon juice, smoked paprika & a touch of cayenne v,vg,ng chermoula cilantro, olive oil, preserved lemon, garlic, cumin and paprika ng

peruvian aji jalapeños, romaine, cilantro, garlic, scallions, rice wine vinegar, lime juice and a little mayo vg,ng argentinian chimichurri italian parsley, cilantro, garlic, red wine vinegar, oregano, crushed red peppers, olive oil v,vg,ng

PICK (1) SEASONAL DELI SIDE:

- herb roasted carrots
- herb roasted potatoes
- roasted green beans

• BLDG 5 house salad +2

• balela salad

- roasted brussel sprouts +2
- BLDG 5 house-made potato chips •
- braised beets with honey mustard dressing +2

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(5) DINNER

SMALL PLATES

BLDG 5 FLAVOR FLIGHTS

chips + dips bowl of housemade potato chips and all four sauces (piri piri, chermoula, aji, chimichurri) 16 spreads + breads seasonal hummus, bacon jam with melted brie, smoked gouda, jalapeño & artichoke spread, grilled naan, rustic grilled bread and sliced cucumbers 32

VASI (italian for vessel) served with rustic grilled bread

smoked gouda, jalapeño & artichoke spread 12 vg bacon jam with melted brie 14

CROSTINI GRAZING BOARD FOR 2 chef's selection of cheeses, meats, spreads, rustic grilled bread 18

STRACCIATELLA BOARD light & creamy burrata filling garnished with olive oil, honey, pistachios, rose petals, lemon zest, salt & pepper, served with rustic grilled bread **15**

SHAKSHUKA (moroccan-spiced stew) topped with poached egg, yogurt, fried chickpeas, naan 16 vg

CHICKEN KARAAGE (japanese-style fried chicken) with kewpie sesame aioli and honey sriracha 16

BLDG 5 CRAB CAKES 3 petite lump crab cakes, new orleans style remoulade, served with BLDG 5 house salad 21 **BRAISED SHORT RIBS** pulled, over creamy black pepper and parmesan polenta, pickled red onions, fresh herbs 16 **MEATBALLS IN MARINARA** beef meatballs, BLDG 5 marinara, topped with melted mozzarella, served with rustic grilled bread 15

SAUTEED POBLANO SHRIMP served in red curry with mango black bean salsa and naan 19

DINNER BOARDS BOARDS FOR 1, 2, OR 4 PEOPLE

HARVEST BOARD like you've just come in from the garden - roasted brussel sprouts, roasted carrots, sautéed green beans, roasted & sautéed eggplant, squash, zucchini, red & green bell peppers, served with balela, roasted beets in honey mustard, roasted red pepper hummus, tzatziki sauce, piri piri sauce & rustic grilled bread 29 for 1 | 56 for 2 | 108 for 4

LITTLE ITALY BOARD ciao amico - shaved porchetta, traditional meatballs in marinara, grilled eggplant, caprese salad, marinated tomatoes, assorted cheeses, salamis, parmesan toasted foccacia, creamy polenta with balsamic mushrooms 30 for 1 | 58 for 2 | 114 for 4

STEAK AND POTATO BOARD our new old classic - marinated grilled flat iron steak, oven roasted potatoes, herb roasted carrots, roasted brussel sprouts and grilled tomatoes, peppadew peppers, argentinian chimichurri sauce and harissa romesco sauce 38 for 1 | 74 for 2 | 138 for 4

BAJA BOARD chipotle roasted boneless chicken thighs, lime & cilantro rice, roasted squash & zucchini, mexican street corn, black beans, grilled onions & bell peppers, house-made red salsa & avocado crema, blistered jalapeno, sliced raddish, blended flour and corn tortillas **29** for **1** | **58** for **2**

ADD TO ANY BOARD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9 BLDG 5 house salad sm +6 | lg +12 BLDG 5 soup cup +8 | bowl +12

SALADS (served with house-made dressings)

BLDG 5 POWERHOUSE mixed greens, avocado, cucumber, ancient grains, balela (*marinated chickpeas, black beans, diced red onions, cherry tomatoes, apple cider vinegar*), parmesan, lemon vinaigrette, rustic grilled bread 12 vg,ng ADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

BLDG 5 CAESAR-ISH marinated grilled chicken, crisp romaine & spinach, shaved parmesan, roasted yellow corn, hearts of palm, multigrain croutons, caesar dressing **18**

SOUTHWEST GRILLED SHRIMP grilled shrimp, crisp romaine & spinach, avocado, cotija, black beans, corn salsa, marinated tomatoes, crunchy corn tortilla strips, cilantro lime dressing **19**

B5 BEET SALAD braised red & gold beets, mixed greens, candied walnuts, bleu cheese, honey mustard dressing, rustic grilled bread **16** vg

ADD: chicken +8 | steak +11 | shrimp +9 | salmon +10 | tuna +10 | porchetta +9

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5 DINNER

BUILD YOUR OWN PLATE (select a protein plate or veggie plate and add from there)

PROTEIN PLATE served with herbed ancient grains, rustic grilled bread, pick a protien, pick 1 sauce and deli side (see below) PICK your PROTEIN: chicken 18 | steak 21 | shrimp 19 | salmon 20 | tuna 20 | porchetta 19

VEGGIE PLATE marinated herb grilled eggplant, zucchini, squash, bell peppers, served with herbed ancient grain and rustic grilled bread 16 v,vg

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PICK (1) SAUCE:

south african piri piri roasted red pepper, jalapeno, garlic, lemon juice, smoked paprika & a touch of cayenne v,vg,ng chermoula cilantro, olive oil, preserved lemon, garlic, cumin and paprika ng peruvian aji jalapeños, romaine, cilantro, garlic, scallions, rice wine vinegar, lime juice and a little mayo vg,ng argentinian chimichurri italian parsley, cilantro, garlic, red wine vinegar, oregano, crushed red peppers, olive oil v,vg,ng

PICK (1) SEASONAL DELI SIDE:

- herb roasted carrots
- herb roasted potatoes

• BLDG 5 house-made potato chips

- roasted green beans
- es BLDG 5 house salad +2
- balela salad
- roasted brussel sprouts +2
 - braised beets with honey mustard dressing +2

PLATES/BOWLS

SHRIMP CREOLE slow cooked creole red sauce with fresh gulf shrimp, steamed rustic grilled bread 18 CAMARÓN CATALÁN chorizo bolognese with saffron cream, roasted poblano peppers, and marinated shrimp tossed in rigatoni pasta topped with parmesan and fried basil 24

SOUPS cup 8 | bowl 12

CHICKEN TORTILLA ng TOM KHA GAI SOUP ng

SANDWICHES (served with house-made potato chips)

BLDG 5 ORIGINAL roasted red pepper, provolone, lemon aioli, fresh ciabatta with **chicken 16 | steak 18 SHORT RIB SMASH** braised short rib, havarti, pickled mustard aioli, pickled red onions, rustic wholegrain **18**

BEVERAGES

house-made lemonades 3.5 iced tea 3.5 | hot tea 3.5 cherry coffee roasters iced 4.95 | hot 4.5 coke | coke zero | dr pepper | sprite 3 root beer 4 topo chico 3 | large san pellegrino 9 | bottled water 3

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COCKTAILS

High Five rye, amaro montenegro, coconut liqueur, orange bitters	14
Hibiscus Fizz gin, hibiscus, fresh squeezed lemon juice, cava	16
Schast'e Mule vodka, ginger beer, pomegranate juice, house-made rosemary simple, fresh squeezed lime juice	13
Spicy Baja Margarita house-infused mango habanero reposado tequila, fresh squeezed lime juice, agave	14/74
Hi, I'm Bea (In Celebration of Brumby's Mom) sazerac rye, fresh squeezed lemon juice, simple, orange bitters	14
Seasonal Paloma tequila, grapefruit, fresh squeezed lime juice, seasonal fruit	13
Garden Basil Martini vodka, basil, fresh squeezed lime juice, triple sec	15/74
Gin ne Sais Quoi gin, elderflower, fresh lemon juice, simple, sparkling rosé	14
The Napa Daily blood orange aperitif, cava	15
Seasonal Punch	12/48

BLDG 5 LEMONADE COCKTAILS

Ginger Blueberry Rosemary Smash bourbon, agave, fresh lemon juice, muddled blueberries, mint garnish	14
Peach Pineapple Mint Bellini topped with cava	14
Mexican Fruit Stand (Mango Strawberry Basil) 14 gin, fresh lemon juice, agave, muddled strawberry, Tajin rim	
Pear Basil Jalapeno Margarita tequila, fresh lime juice, agave, muddled jalaper	14 10

BEER

Michelob Ultra	. 6
Miller Lite	. 6
Dos Equis Lager	. 6
Stella Artois Belgian Lager	. 7
Amber Lager Abita Brewing Co	7
Ghost in the Machine Parish Brewing Co, IPA	8
Canebrake Parish Brewing Co, Wheat	7
Mango Cart Golden Road, Wheat Ale	7
Jucee Flying Tiger Louisiana Pale Ale	7
Jucifer Gnarly Barley IPA	7



BUBBLES

Sommariva Prosecco Superiore Conegliano, IT	14 48
HILD Elbling Sekt Brut Mosel, GR	14 48
LINI 910 Bianco Sparkling Lambrusco	
Emilia-Romagna, IT	13 44
Waris-Larmandier Racines de Trois Champagne FR	120

ROSE

Picayune Hay Penny Rosé Mendocino, CA 17 58
San Marzano Tramari Rosé di Primitivo Salento, IT 12 42
Ultraviolet Sparkling Rosé Mendocino, CA 13 44
Bertolani Sparkling Lambrusco Rosé Reggiano, IT 13 44

WHITE

Camp Chardonnay Sonoma, CA 13 44
Evening Land Seven Springs Chardonnay
Willamette Valley, OR 21 72
Baker's Marque Arona Sauvignon Blanc
Marlborough, NZ 13 44
Patricia Green Sauvignon Blanc Willamette Valley, OR 20 72
Primaterra Pinot Grigio Delle Venezie, IT 12 42
Champalou Vouvray Chenin Blanc Loire Valley, FR
Et Fille Viognier Willamette Valley, OR94

RED

Ultraviolet Cabernet Sauvignon Napa, CA 14 48
Obsidian Ridge Volcanic Estate Cabernet Sauvignon
Napa, CA
Cembra Pinot Noir Trentino, IT 14 48
Jean Vullien Pinot Noir Savoie, FR 16 54
Patricia Green Estate Pinot Noir Willamette Valley, OR 24 84
Maitre de Chai Red Blend Zinfindel/Cabernet
Sauvignon/Grenache Lodi, CA 16 54
Protos Tinto Fino Tempranillo Ribera del Duero, SP 15 52
Red Tail Ridge Blaufrankisch Cab Franc Blend
Finger Lakes, NY 16 54
Et Fille Gamay Noir Willamette Valley, OR
Cuvelier Los Andes Malbec Mendoza, AR 16 54
Adaptation 2021 Petite Syrah Napa, CA 150
Odette 2019 Estate Cabernet Sauvignon Napa, CA 285